

Security in Body Area Network: An Application Perspective

Pradeep Kumar
Research Scholar
CET, MUST, Lakshmanagarh
email- pmsuccess81@gmail.com

Anand Sharma
Asst.Prof. CSE
CET, MUST, Lakshmanagarh
email- anand_glee@yahoo.co.in

Abstract- Recently, with the rapid development in wearables small sensors and wireless communication, body area networks (BANs) have emerged as a key technique that will revolutionize the way of living. BANs are a type of wireless sensor networks, where a group of sensors placed on the human body measure specific physiological parameters of a person and relay it to the monitoring system. There are several applications of BANs for the betterment of human life. Applications of BANs include continuous health monitoring and non medical application. The use of BAN can introduce location independence monitoring systems. BAN application can also be extended to sport training area where athletes or players can be monitored to find their deficiencies or to improve their skills. So far, although there are already several prototype implementations of BANs, studies on data security and privacy issues are few, and existing solutions are far from mature. Among the various research issues required to be addressed to implement this technology effectively, security issue is one of the key issues. In this paper we will discuss the security issues as per the applications of BANs.

Keywords: Body Area Networks; BANs Security; Wireless Communication; Sensor Network

I. INTRODUCTION

A BAN is a special purpose sensor network fabricated to perform autonomous connection of various sensors and equipments, located inside and outside of human body. A number of intelligent physiological sensors can be integrated into a wearable wireless body area network. This area relies on the feasibility of implanting very small biosensors inside the human body that are comfortable and that don't impair normal activities. The implanted sensors in the human body will collect various physiological changes [1,2,3]. A growing application of wireless sensor network is in body area networks (BAN). Each BAN device is attached to a human body and monitors the state of that body. The emerging BANs have great potential to revolutionize the future of ubiquitous technologies.

The BAN is increasingly looking forward for advanced Information & Communication Technology (ICT) systems to efficiently administer the system for a wide range of applications. A BAN is consisting of number of tiny sensor nodes and a connecting node which connects the external database server or it can connect the sensor node to a range of telecommunication networks. The telecommunication network can be a telephone network, a mobile network or a dedicated local area network. BAN is classified into Off-body, On-body, and In-body communication. Off-body communication is the communication from the base station to the transceiver on a human side. On-body communication is the communication within on-body networks. In-body communication is the communication between invasive or implantable devices and external monitoring equipment.

II. APPLICATIONS of BANs

The major applications are healthcare, control and automation, home and office, environmental monitoring, logistics and transportation, security and surveillance, tourism and leisure, education and training and entertainment. The BAN applications are broadly divided into following categories. Medical applications include collecting various information of a patient and forward it to a monitoring center for further analysis. BAN can also be used to help disable people. For example, retina prosthesis chips can be implanted in the human eye to see at an adequate level. Presently BANs are widely used for entertainment purpose, which includes 3D video and Games. Further the BANs are used for sports, in which sensors in BAN can collect coordinates movements of different parts of the body and subsequently make the movement of a character in the game, e.g., moving soccer player or capturing the intensity of a ball in table tennis. Last but not the least miscellaneous applications those include forgotten things monitoring, data file transfer and social networking applications. For better functionality authors discussed about the target system that has a scalable platform that requires minimum human interaction during setup and monitoring [4, 5].

III. SECURITY THREATS in BANs

The security of BANs are three indispensable components for the system security of the BAN. By data security, we mean data is securely stored, data can only be accessed by authorized people and transferred securely. Security issues

are major concern raised by most authors. These include works by authors such as [6, 7].

The implementation of BANs for various applications must satisfy the stringent security requirements. These requirements are based on different applications ranging from medical (blood sugar monitoring) to non-medical (Forgotten things monitoring) applications. In case of medical applications, the security threats may lead a patient to a dangerous condition, and sometimes to a death[8, 9].

A. Threats from device compromise

The sensor nodes in a BAN are subjected to compromise, as they are usually easy to capture and not tamper-proof. If a whole piece of data is directly encrypted and stored in a node along with its encryption key, the compromise of this node will lead to the disclosure of data.

B. Data access control

Access control needs to be enforced for patient-related data in BANs so that private information will not be obtained by unauthorized parties. In the application scenario we described one's medical data may be viewed by doctors, support staff, pharmacies, and other agencies to enhance their services. However, if an insurance company sees one's disease report, it might discriminate against one's by offering health insurance at a high premium.

Therefore, a fine-grained access policy must be defined to specify and enforce different access privileges for different users. Fine-grained refers to the small granularity of the data access policy, which distinguishes among each part of the patient-related data and each user role. For example, "doctors are only allowed to view the medical data of those patients they are treating, but not that of other patients," or "personal identifiable information such as patient profile shall not be disclosed to insurance companies."

Medical Applications	Blood Pressure Monitor
	Blood Sugar
	Heart Monitor
	Electrocardiogram (ECG)
	Electromyography (EMG)
Disability Assistance	Speech
	Hearing
	Blindness
	Artificial Hand
	Artificial foot
Entertainment Application	Video Streaming
	3D video
	Gaming
Sports Application	Player's Deficiencies monitoring
	Improving skills by Practicing
	Player's Health and Stamina monitoring
Miscellaneous	Data File Transfer
	Forgotten things monitoring
	Social Networking

Figure 1. BANs Applications

C. Threats from network dynamics

The BAN is highly dynamic in nature. Due to accidental failure or malicious activities, nodes may join or leave the network frequently.

Nodes may die out due to lack of power. Attackers may easily place fake sensors in order to masquerade authentic ones, and could take away legitimate nodes deliberately.

IV. SECURITY REQUIREMENTS in BANs

Here in this section we are categorizing the various security requirements from confidentiality to availability of data.

A. Confidentiality

Like WSNs, confidentiality is considered an important issue in BANs. In order to prevent data from leaking during storage periods, the data needs to always be kept confidential at the node or central server. Data needs to be kept secure from disclosure. Data confidentiality should be resilient to device compromise attacks. Even if the node or server is compromised the attacker should not be able to gain any information.

B. Dynamic integrity assurance

Only keeping the data confidential does not protect it from external modifications. In BANs the data is vital, and modified data would mislead to consequences. An adversary can always alter the data by adding some fragments or by manipulating the data within a packet. Thus, data integrity will be dynamically protected all the time. By data integrity we are ensuring that unauthorized changes to the data cannot be made during storage or transmission.

Any malicious changes should be detected before use and the appropriate persons alerted. Lack of data integrity mechanism is sometimes very dangerous especially in case of life-critical events (when emergency data is altered). Data loss can also occur due to bad communication environment. In particular, we shall be able to not only detect modification of data at end users, but also check and detect that during storage periods, in order to discover potential malicious modification in advance and alert the user.

C. Data Freshness

Ensuring confidentiality and integrity is not always enough unless supported by data freshness. The adversary may capture data in a transit and replay them later to confuse the monitoring system. Data freshness ensures that the data is fresh, i.e., the data frames are in order and are not reused. There are two types of data freshness: strong freshness, which guarantees data frames ordering as well as delay and weak freshness, which guarantees partial data frames ordering but does not guarantee delay. Weak freshness is required by applications such as Blood Pressure (BP) monitoring, while strong freshness is required during synchronization.

D. Accountability and nonrepudiation:

The origin of a piece of patient-related data cannot be denied by the source that generated it. The sender of a message should not be able to falsely deny later that he/she sent the message, and this fact should be verifiable independently by a third party without knowing too much about the content of the disputed message(s).

E. Scalability

As the number of users becomes larger the system should scale without undue latency. Since there are numerous users of data, the distributed access control mechanism should be scalable with the number of users. This requires that the computational and storage overheads should be controlled. It should not be resource intensive to implement access policies and management overhead should also be kept under check.

F. Availability

Data availability means that correct data is available to the genuine users. The adversary may target the availability of BAN by capturing or disabling a particular node. Failure to receive correct data may become life threatening. It is also necessary to authenticate any exchange of data with other machines or humans. One of the best ways is to switch the operation of a node that has been attacked to another node in the network.

V. CHALLENGES OF SECURITY FOR APPLICATIONS

Recently, many security solutions [10, 11] have been designed for BANs, but they cannot be directly employed to ensure the data security. To satisfy the said requirements in BAN, we face several important challenging issues for the applications to be implemented, most of which arise from efficiency and practicality aspects. These issues constrain the solutions space, and need to be considered carefully when designing mechanisms for security in BANs. [10,11]

A. Security v/s Efficiency

High efficiency is strongly demanded for data security in BANs for the applications. As wearable sensors are extremely tiny and have insufficient power supplies, they are inferior in computation and storage capacity. Thus, the cryptographic primitives for security used by the sensor nodes should be as lightweight as possible. Here by lightweight we mean fast computation and low storage overhead. Otherwise, the power and storage space of the nodes could be drained quickly. In addition, a DoS attack could easily overwhelm the whole BAN if the authentication protocol is not fast enough.

B. Security v/s Safety

If we talk about medical application, whether the data can be accessed whenever needed could be a matter of patients' safety. In this case if we are too strict or too inflexible in data access control then it may prevent the medical information being accessed in time by legitimate medical staff. The second scenario, in case of emergency where the patient may be unconscious and unable to respond the safety of data is very much essential.

If we talk about other application, a weak access control scheme opens back doors to malicious attackers. It is hard to ensure strong data security while allowing flexible access.

In some applications where there is network coverage, stronger user authentication is required, it is achieved by contacting an authority; when no infrastructure exists such as during disaster response, weaker or no authentication is

adopted. Their approach can be regarded as the first step towards addressing the conflict between security and safety.

C. Security v/s usability

The sensor devices should be easy to use and foolproof, since their operators might be non-expert patients in case of medical application. The setup and control process of the data security mechanisms are node related and they involve few and intuitive human interactions. For other applications, to bootstrap initial secure communication between all the nodes in a BAN for secure data communication, device pairing techniques are adopted, which is obviously not easy to use. If we ignore the manual steps for usability increment then it will sacrifice security.

D. Device interoperability

Various application installations may use sensor nodes from different manufacturers, among which it is difficult to share any secure data. It is essential to establish data security mechanisms that require the least common settings and efforts, and work with a wide range of devices. BAN systems would have to ensure seamless data transfer across standards such as Bluetooth, ZigBee, etc. Ensure efficient migration across networks and offer uninterrupted connectivity.

VI. CONCLUSION

A growing application of wireless sensor network is in body area networks (BAN). Each BAN device is attached to a human body and monitors the state of that body. The BAN is an emerging and promising technology that will change human's experiences revolutionarily. Body area networks (BANs) and their supporting information infrastructures offer unprecedented opportunities to deploy the various application without constraining the activities of a wearer. Security in BANs is an important area, and there still remain a number of considerable challenges to overcome. The research in this area is still in its infancy now, but we believe it will draw an enormous amount of interest in coming years. We hope this article inspired novel and practical applications in which the security is essential. As the population of the world grows, it will become increasingly necessary to use technology to monitor, diagnose, and treat populations. If we expect BANs to become a solution to monitoring the world's aging population, then it is imperative that we are mindful of their security. Furthermore, we must also remind ourselves that secure solutions should be usable, because the target population for these kind of systems is often the elderly.

REFERENCES

- [1] Campbell AT, Eisenman SB, Lane ND, Miluzzo E, Peterson RA, Lu H, Zheng X, Musolesi M, Fodor K, Ahn G. The rise of people-centric sensing. *IEEE Internet Comput.* 2008;12(4):12–21. doi: 10.1109/MIC.2008.90.
- [2] Dohler A. Wireless sensor networks: The biggest cross-community design exercise to-date. *Recent Patents Comput. Sci.* 2008;1:9–25. doi: 10.2174/1874479610801010009.

- [3] Latré, Benoît, Bart Braem, Ingrid Moerman, Chris Blondia, and Piet Demeester. "A survey on wireless body area networks," *Wireless Networks*, vol. 17, 2010, pp. 1-18, doi: 10.1007/s11276-010-0252-4
- [4] Chen, M., Gonzalez, S., Vasilakos, A., Cao, H., & Leung, V. C. M. "Body Area Networks: A survey," *Mobile Networks and Applications*, vol. 16, 2011, pp. 171-193, doi: 10.1007/s11036-010-0260-8.
- [5] Oliver, N., and Flores-Mangas, F., HealthGear: a real-time wearable system for monitoring and analyzing physiological signals. *International Workshop on Wearable and Implantable Body Sensor Networks*, 2006. BSN 2006, pp. 4 pp.-, 3–5 April 2006.
- [6] Wolf, L., and Saadaoui, S, Architecture concept of a wireless body area sensor network for health monitoring of elderly people. *Consumer Communications and Networking Conference*, 2007. CCNC 2007. 4th IEEE , pp.722–726, Jan. 2007
- [7] Ming Li et.al "Data security and privacy in wireless body area networks" *wireless communication*, IEEE(Volume:17, Issue:1), pp 51-58, Feb 2010,doi: 10.1109/MWC.2010.5416350
- [8] Kouvatso D., Min G., and Qureshi B., Performance issues in a secure health monitoring wireless sensor network. In *Proceedings of 4th Int. Conference on Performance Modelling and Evaluation of Heterogeneous Networks (HET-NETs'2006)*, British Computer Society (BCS), IEE, Ilkley, UK, September 11–13, 2006, pp. WP01(1-6).
- [9] Dr. Shinyoung Lim et.al "Security Issues on Wireless Body Area Network for Remote Healthcare Monitoring" 2010 IEEE International Conference on Sensor Networks, Ubiquitous, and Trustworthy Computing, pages 327-332, IEEE Computer Society Washington, DC, USA
- [10] C. Cornelius and D. Kotz, "On Usable Authentication for Wireless Body Area Networks", *Proceedings of the 1st USENIX Workshop on Health Security and Privacy*, (2010) August 10, Washington DC, USA.
- [11] A. F. A. Rahman and R. Ahmad, "Hybrid Method to Measure Vulnerability in Wireless Body Area Network", *Proceedings of the 6th International Conference on Sensor Asiasense*, August 2013, Malacca, Malaysia.
- [12] Daojing He ; Sammy Chan ; Yan Zhang ; Haomiao Yang "Lightweight and Confidential Data Discovery and Dissemination for Wireless Body Area Networks" *IEEE Journal of Biomedical and Health Informatics*, Volume: 18, Issue: 2, 2014
- [13] James Kang, SasanAdibi "A Review of Security Protocols in mHealth Wireless Body Area Networks (WBAN)" *Communications in Computer and Information Science*, Volume 523, pp 61-83, Springer, 2015
- [14] GeethapriyaThamilarasu "iDetect: an intelligent intrusion detection system for wireless body area networks" *International Journal of Security and Networks* , Volume 11, Issue 1-2, pp. 82–93, Inderscience Publishers, 2016